

Eagle Ranch Academy Program Summary

Eagle Ranch Academy Program is designed to allow our students to learn how to self regulate, self govern, and be accountable to their own actions. They will learn to express their emotions, find the values which hold importance to them individually which will allow them to be responsible for themselves.

The program is made up of several areas of growth. There is group living, school, individual therapy, group therapy, and learning to be part of a community.

These areas of growth are held together through our value system. We incorporate 8 core values. The students will gain an understanding about how these values relate to themselves as individuals.

They learn these values through packet work, group processing, and living the values here at ERA. There growth is determined by their willingness to engage in this process.

Certain privileges are connected to completing and living the value they are working on. The process to complete a packet is finishing the work in the packet and presenting it to their family pod. They will need to have their peers and family staff sign off on their packet saying they are striving to live this value. Once their staff and peers have signed the packet they will receive their next packet.

When the student first arrives they will receive a Self Discovery packet. This packet consists of an amnesty paper, who am I worksheet, a collage, and working on the 7 Habits Book and worksheets. This is to help the student understand what brought them to a treatment facility.

Each packet has a weekly growth sheet which allows the staff to give the student feedback on how they are doing. This allows the student to see where they are working and not working.

As they work on the value packets the growth sheet reflects how they are living the value by their behavior. These sheets will be the weekly progress report parents receive on the web site. This will help the parents encourage their child in the program.

If your student doesn't turn in a growth sheet for the week the web site will say, "Suzie" did not turn in a growth sheet, or if your child is on the Self Discovery packet the web site will say "Suzie" is on Self Discovery and you will get your weekly update from your child's therapist.

Working with these core values has always been a big part of our program and now it will formalize the process and allow our staff, your child, and you to better understand where they are in the program. For those students that have been in our programs for several months, be assured this will not slow their progress down or put them behind, but will allow them to internalize all they have learned which will give them a better understanding of where they stand with regards to privileges and their time line to graduation. All new students will start with Self Discovery and progress from there.

If you have any questions concerning any of this please contact Gerry Thamart (Clinical Director), Kelly Miller (Program Director), Katherine Benson (Assistant Director), or your Therapist.

EAGLE RANCH ACADEMY STUDENT PROGRAM

Self Discovery

- Amnesty Paper
- Who Am I
- 7 Habits Worksheets
- Collage

Accountability

- Accountability paper
- Book Report “The Giving Tree”
- Creative Statement
- Personal Project
- Consistency with Growth Sheets
- Feedback Sheets
- Goal Sheets

- ★ Shoes
- ★ Social Calls
- ★ Level 1 Seminar

Honesty

- Honesty Paper
- Book Report “The 12th Angel”
- Creative Statement
- Personal Project
- Consistency with Growth Sheets
- Feedback Sheets
- Self-Government Sheets
- Goal Sheets

- ★ Off-Campus Activities
- ★ Off-Campus Visit with Parents 4-6 Hrs
- ★ Staff Level 1 Seminar

Forgiveness

- Forgiveness Paper
- Book Report “Tuesday’s with Morrie”
- Creative Statement
- Personal Project
- Timeline
- Step 1
- Consistency with Growth Sheets
- Feedback Sheets
- Self-Government Sheets
- Goal Sheets

- ★ Hotel Visit
- ★ Level 2 Seminar

Acceptance

- Acceptance Paper
- Book Report “Who Moved My Cheese”
- Creative Statement
- Personal Project
- Collage
- Step 2
- Step 3
- Consistency with Growth Sheets
- Feedback Sheets
- Self-Government Sheets
- Goal Sheets

- ★ 1st Home Visit
- ★ Staff Level 2 Seminar

Integrity

- Integrity Paper
- Book Report “The 4 Agreements”
- Creative Statement
- Personal Project ERA Amnesty
- Step 4
- Step 5
- Consistency with Growth Sheets
- Feedback Sheets
- Self-Government Sheets
- Goal Sheets

- ★ Start Working with After Care
- ★ On Committee

Respect/Trust

- Respect Paper
- Trust Paper
- Book Report “Into the Wild”
- Creative Statement
- Personal Project
- Step 6
- Step 7
- Consistency with Growth Sheets
- Feedback Sheets
- Self-Government Sheets
- Goal Sheets

- ★ 2nd Home Visit

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Service

- Service Paper
- Book Report “5 People You Meet in Heaven” or “Man’s Search for Meaning”
- Creative Statement
- Personal Project
- Step 8
- Consistency with Growth Sheets
- Feedback Sheets
- Self-Government Sheets
- Goal Sheets

★ GRADUATION from ERA ★